



# POLISH-AMERICAN SOCIETY

## NEWS

<http://www.pasofmemphis.com>

No. 1 February 2022

Memphis, TN

## ELECTIONS FOR THE NEW BOARD OF PAS FOR 2022-2023

The Board chosen at the PAS General Assembly Meeting, held in October 2021, had to be changed due to unexpected resignation of Tyrel McMahan, the former vice president of PAS. With Tyrel's resignation, the members of the Board, in consultation with the Chairman of the Election Commission, consulted the list of the candidates used during the election meeting to fill in the vacancy. The next person with the highest number of votes was Danuta Zabielski, who agreed to serve as the Board member for 2022-23.

(Materials related to the election meeting are available for viewing by members of the organization.)

During the January meeting the new elected Board of the PAS was formed and agreed on the officer positions as follows:

President	Zbigniew Mark Stroinski
Vice President	Beata Gaye
Secretary	Ludmila Mitchell
Treasurer	Danuta Zabielski
Coordinator for Events	Magdalena Mazur

## CURRENT NEWS

### **THE JURANDS SCHOLARSHIP FOR STUDENTS**

Following a generous donation from Mr. and Mrs. Jurand, the PAS Board voted to create a scholarship for university students who are PAS members and meet certain requirements. The scholarship in the amount of \$ 500 will be awarded in August, and the first such scholarship will be awarded this year. The criteria for the scholarship will be developed by a separate committee, appointed and independent of the PAS Board. After the details are finalized, the grant award procedures will be published and available to all members of the organization.

We sincerely thank Mr. and Mrs. Jurand, for their generous donation, and we hope that this initiative will begin a new program to support young members of PAS in their education.

### **SPRING HIKES**

#### **1. SUNDAY, 27 FEBRUARY - Meeman-Shelby Forest State Park**

The first of the spring hikes will take place on Sunday, February 27th. We will meet at 9:00am in front of the Visitor Center in Meeman-Shelby Forest State Park located north of Memphis. The park is full of interesting trails and beautiful places. Additional information about the park and its attractions can be found on the website. If you are interested in participating in the event, please contact Gosia Stroinski <https://www.tennessee.gov/environment/parks/MeemanShelby>

## **2. SATURDAY, MARCH 12 – Shelby Farms Park**

On Saturday, March 12, Krysia Milczek will lead us on a walk in the Shelby Farms Park. We will meet at 10:00am at the Visitor Center. From there we will set off to admire the mysterious corners of the park. If you have any questions, please contact Krysia Milczek

## **3. SATURDAY, MARCH 26 - HERB PARSONS LAKE TRAIL**

Mila Mitchell invites you to participate in the hike around the Herb Parsons Lake. This is a 6.5-mile trail in Fayette County, not far from Collierville. We will meet in the parking lot of the park at 10:00am. More information about this place can be found at:

<https://www.alltrails.com/trail/us/tennessee/herb-parsons-lake-trail>

## **SUNDAY, APRIL 14 – EASTER**

All interested in celebrating Easter in Polish, in the Catholic Church can get more information on the website of the Polish Catholic Mission. <http://www.polskamisjakatolicka.org/web/home-pol.htm>

## **SATURDAY, MAY 14 - SPRING PICNIC AT GERMANTOWN MUNICIPAL PARK**

The traditional Polish spring picnic will take place on Saturday, May 14, from 4 PM to 8 PM, at the Municipal Park Germantown (entrance from Exeter Rd). Our organization Polish-American Society invites all compatriots, supporters and friends to the picnic. The event is open to all interested parties. The organization traditionally provides Polish grilled sausage and drinks and encourages participants to bring a dish to share. The event is coordinated by Magda Mazur. See you soon!

## **SATURDAY, JUNE 11 - FAMILY DAY AT SHELBY FARMS**

This gathering is organized for members of the organization. We will meet at Shelby Farms in the clearing across from the stables. A week before the event, we will send you an email asking to confirm your participation in order to buy the right number of pizzas and drinks.

## **CULINARY WORKSHOP**

If you are interested in cooking and preparing traditional Polish dishes such as simple potato pancakes or cabbage rolls, please contact Iwona Gaye. The workshop will be held in the kitchen of the Bert Ferguson Community Center, where we can experiment together. We would like to thank Iwona for her help with implementing this initiative.

## **MISCELLANEOUS**

### **POLISH BOOKS**

If anyone would like to read books in Polish, please contact Magda Dutkiewicz Vaughan by email ([vcv2mdv@gmail.com](mailto:vcv2mdv@gmail.com))

### **“SMYK” CINEMA**

The next season of the “Smyk” Cinema will begin in April. The first film will be shown on April 30th at 6:30pm. The next screenings will be shown in June and August and will end in October. We remind you that during the “Smyk” Cinema, only popcorn and water will be served. Feel free to bring extra snacks but remember to remove your trash and keep your surroundings tidy. As always, we ask all interested to let Magda know that you are coming by sending her an e-mail to: [vcv2mdv@gmail.com](mailto:vcv2mdv@gmail.com). To maintain a sufficient distance during the showtime due to a pandemic, viewership may be limited.

## **FINANCIAL MATTERS**

The PAS financial year ends on the last day of January. The members of the organization will receive the financial statements for the year 2021. The organization's financial and other documents are always available for review by members.

## **MEMBERSHIP FEE**

\$25 per person or \$50 per family (children under 18 are exempt from membership fee)

\$12 per undergraduate (this is for 18-24 year old full-time students)

The dues should be sent to the following address:

**Polish-American Society, P.O. Box 770927, Memphis, TN 38177-0927**

Please complete the Membership Draft Coupon for 2022 and submit it along with the membership fee. Thank you.

## **MEMBERS**

In 2021, there were 82 members in the organization (including 5 honorary members and 2 students). Eight new people joined our organization. Welcome!

## **THANKS**

We are very grateful to Grazyna Mustwillo for many years of selfless work on the website of our Polish American Society. It is hard to believe that Grazyna ran the organization's website for a decade and a half. Thank you very much.

## **ANNOUNCEMENTS**

### **WEB PAGE**

The PAS website has been rebuilt and has a new image. The previous site designed for PAS served our organization for a decade and a half. It was time to renew it and update it to the current IT standards. The website is already working but will stay under construction for some time. The site will be managed by Magda Teodorowicz. We encourage you to use the new website, where the current news about our organization will be posted: <https://pasofmemphis.com/>

### **POLISH LANGUAGE LEARNING**

Magda Teodorowicz offers private Polish lessons for children at Bert Ferguson Community Center, 8457 Trinity Road, Cordova, TN 38018.

Classes are held in 3 groups:

- for beginners on Mondays from 4:00pm - 5:00pm
- basic level also on Mondays from 5:15pm - 6:15p
- an intermediate level on Tuesdays from 5:15pm - 6:15pm

All interested parents are asked to contact her directly by e-mail at [magdalenateodorowicz@yahoo.com](mailto:magdalenateodorowicz@yahoo.com)

## **POLISH FOOD**

If you are interested in purchasing delicious traditional Polish dishes, please contact Iwona Gaye at 901-864-5251. Enjoy your meal.

## **CATERING**

If someone is planning a celebration with traditional Polish cuisine, please contact Beata Gaye by e-mail: bksulecka @ hotmail.com, or by calling (901) 643 0122. Also, Beata offers African, French, or American cuisine parties with all the planning, services and delivery. Everything is negotiable.

## **REFLECTION**

The experiences of the last days, when a large part of our city lost electricity for a few days, shows that there are many people of good will among us. They are those, who are not indifferent to other's needs. They show their love by checking on others and helping those who need help. It is a truly unique feeling to experience selfless care and help from them. Thank you.

## **MEMPHIS IN POLAND**

In 2019 Memphis in Poland Festival was registered in the State of Tennessee as an independent non-profit organization. Last year a new project was initiated which was aimed at organizing a youth exchange program between the high-school students of the Tri-Cities in Poland and the students of Greater Memphis. This initiative is sponsored by the City Halls of Sopot, Gdansk and Gdynia, by the Rotary International Districts in Poland and in the U.S. as well as by the Rudi Scheidt School of Music of the University of Memphis. The main element of the program is a contest named “Fighting the Unknown”. Its objective is to inspire the young people to express, in an artistic way, their feelings and thoughts about the future of our planet, in view of the challenges which the humanity is facing today. The winners of the contest will come to Memphis in May 2022 (provided the conditions will allow for that) and will be hosted by the organizers of the MIP FTU contest and the high-school students in Memphis. More information about this initiative can be found on the Tri-Cities' websites at <https://www.gdynia.pl/mieszkaniec/aktualnosci,4018/wez-udzial-w-fighting-the-unknown-wyjedz-do-usa,562696> and <https://www.sopot.pl/aktualnosc/9527/fighting-the-unknown-konkurs-dla-trojmiejskich-licealistow>. We will also be updating the MIPF website ([www.memphisinpoland.org](http://www.memphisinpoland.org)) with the details of the new project. If you are interested in co-hosting the Polish winners of the FTU contest in Memphis please contact Jacek Dutkiewicz by email ([jkdutkiewicz@gmail.com](mailto:jkdutkiewicz@gmail.com)).

## **HUMOR**

### **MAGDALENA**

It is currently the "most popular" name in our organization because we have four of them! Do you know any Magdalena? Do you think that any of them meets the description of Magdalena from Marek Urbanski's book "Book of names"? Let's see and be not too serious about it!

*"Name derived from Aramaic, meaning" resident of Magdala "- a city on the lake of Gennesaret. Magdalena is an extrovert with a lush temperament and lively intelligence. She is bursting with energy, is extremely dynamic and seemingly self-confident. Sometimes she is not very consistent and quite chaotic in action. She often grabs too many things at once, which is just beyond her strength. She is extremely sociable, friendly to people, straightforward, honest and open. Loyal in friendship. She hates loneliness.*

*Usually amorous, but quite capricious and demanding in romantic relationships. Often too trusting and mercilessly talkative. "*

If anyone is interested in the "mysterious" characteristics of another person, please enter the name in the following online form: <https://forms.gle/nztt7yoUMy1ZdAzH9>



When I was a kid, my English teacher looked my way and said, "Name two pronouns." I said, "Who me?"

You stand alone in a wasteland. There is a lion in front of you and a jaguar behind you. You only have one round in your shotgun. What will you do?

- I will kill the lion and get into the jaguar.

We have 7 dwarfs, 7 cups with milk, and 6 cucumbers. What won't one dwarf get?

- Diarrhea.

I'm close friends with 25 letters of the alphabet, I don't know y.

## CULINARY CORNER

### Apple pie or «Szarlotka» pie?

#### Ingredients:

<p>Pie 2 glasses of wheat flour 2 cups of fine flour 1 cup of sugar 200 g of butter or margarine 1 egg 1 yolk 4 tablespoons of 18% cream 1 teaspoon of baking powder</p>	<p><b>Apple filling</b></p> <p>1.5 kg of apples 100-150 g of sugar 2 teaspoons of cinnamon 1 tablespoon of vanilla sugar</p>
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#### Instructions:

Sift the flour with baking powder, add sugar and cut butter into small pieces. Carefully chop everything with a knife. Then add the egg, yolk, cream and quickly knead a smooth dough. Divide the dough into two equal parts, then put into two separate bags and cool in the refrigerator for about 30 minutes. Peel the apples, remove the seeds and cut into quarters. Cut half of the peeled apples into slices, put them into a pot, add sugar (100 or 150 g depending on how sweet the apples are), vanilla sugar, cinnamon and cook until everything is soft.

Then, take the pot with cooked apple off the burner and grate the remaining apples on a large-mesh grater. Mix thoroughly. Take half of the cooled dough out of the refrigerator, roll it out (to the size of a plate) and put it into a baking tray lined with baking paper. Pierce the dough with a fork and bake for 15 minutes in an oven preheated to 180 degrees. Remove the baked cake from

the oven, cool it slightly and put the apple filling on it. Take the rest of the dough out of the fridge, roll it out to the size of a baking tray and place it on the top of the apple filling. Pierce the top with a fork. Bake the cake for 45 minutes at 180 degrees. Sprinkle the baked and cooled cake with powdered sugar.

**DID YOU KNOW THAT ...**

Apple “Szarlotka” is a specific type of cake. It must have short crust pastry or semi-shortbread. The fruit used in the apple pie called “Szarlotka” doesn’t have to be apples. An apple pie has only apples, while the dough may be other than shortbread or semi-shortbread.

## HOBBY CORNER

**DISCUSSION BOOK CLUB**

If you like reading books and talking about them, if you want to meet new authors and learn about contemporary literature, we invite all book lovers to participate in the Book Discussion Club meetings. Each time, a different book will be the topic of the meeting. Club members meet once a month or every six weeks and discuss a previously selected and read book (literary book). Something for everyone. This year's first meeting took place on January 29, 2022. The participants had a good time, and they chose a new book. We look forward to the next meeting and the first review of the selected book. If you are interested in joining DKK, please contact Joanna Hofman, email [hofmanj@bellsouth.net](mailto:hofmanj@bellsouth.net)

**BRIDGE CLUB**

Members of the organization meet regularly for bridge evenings. For more information, please contact Grazyna Mustwiłło

### **The Board of the Polish-American Society of Memphis:**

Zbigniew Mark Stroinski	President
Beata Gaye	Vice President
Danuta Zabielski	Treasurer
Ludmila Mitchell	Secretary
Magdalena Mazur	Coordinator, Cultural Events

## **2022 CALENDAR OF PAS EVENTS**

<b>January</b>	<b>February</b>	<b>March</b>
	<ul style="list-style-type: none"><li>• February 27 - hike in the Meeman Shelby Forest Hike</li></ul>	<ul style="list-style-type: none"><li>• March 12 – hike in Shelby Farms</li><li>• March 26 - Herb Parsons Lake Trail hike</li></ul>
<b>April</b>	<b>May</b>	<b>June</b>
<ul style="list-style-type: none"><li>• April 17, Easter</li></ul>	<ul style="list-style-type: none"><li>• May 14 - Spring Picnic</li></ul>	June 11- Family Day - in Shelby Farms
<b>July</b>	<b>August</b>	<b>September</b>
	<ul style="list-style-type: none"><li>• Germantown International Festival</li></ul>	<ul style="list-style-type: none"><li>• 10 September Autumn picnic</li><li>• Jackson, TN International Food and Art Festival</li></ul>
<b>October</b>	<b>November</b>	<b>December</b>
<ul style="list-style-type: none"><li>•October 1 Camping</li></ul>	<ul style="list-style-type: none"><li>• November 12 - Polish Independence Day</li></ul>	<ul style="list-style-type: none"><li>• December 10 -Polish Christmas Eve</li></ul>